



世界健身股份有限公司

2026Q1 法人說明會

June 11th 2026

股票代號

2762



Q1 26 營運成果



1Q 2026 營運亮點



營業收入

NT\$ **28.1** 億

-2.3% QoQ
+9.4% YoY

營業毛利

NT\$ **6.1** 億

+2.4% QoQ
+53.2% YoY

毛利率

21.8 %

+1.0 pts QoQ
+6.2 pts YoY

營業利益

NT\$ **3.01** 億

+21.3% QoQ
+218.8% YoY

營業利益率

10.7 %

+2.1 pts QoQ
+7.0 pts YoY

稅後淨利

NT\$ **2.19** 億

EPS NT\$ 2.01



1Q 2026 現金流量表 – 強勁營運現金收入



NT\$mn	1Q26	1Q25
期初現金	1,007	570
營運活動之現金流量	816	627
資本支出	(148)	(354)
投資與其他	27	(50)
籌資活動現金流量	(757)	(12)
期末現金	945	781



1Q 2026 資產負債表摘要



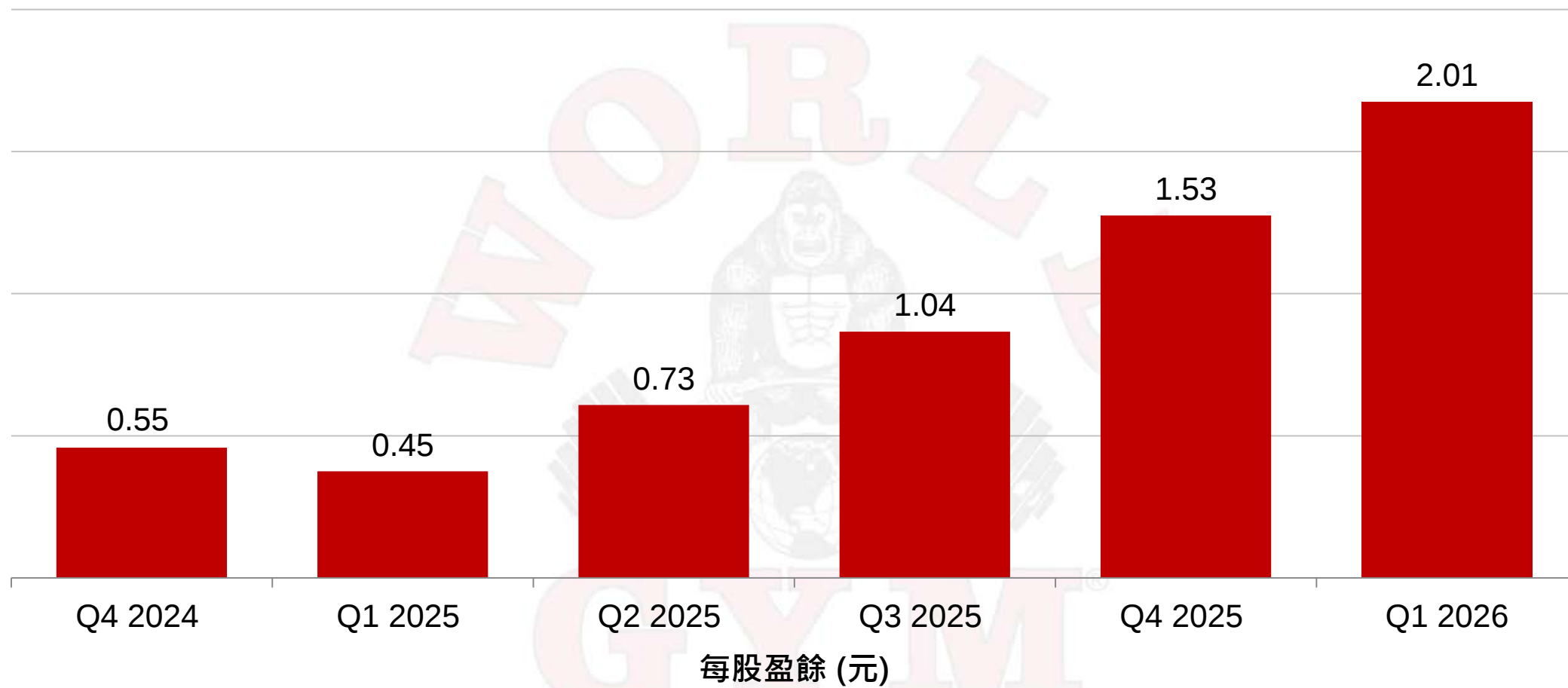
NT\$m	1Q26	%	1Q25	%
流動資產	823	5%	994	6%
現金及約當現金	945	5%	781	4%
非流動資產	16,621	90%	16,422	90%
資產總額	18,389	100%	18,197	100%
流動負債	6,176	34%	5,788	32%
非流動負債	9,547	52%	9,263	51%
負債總額	15,723	86%	15,051	83%
權益總額	2,666	14%	3,146	17%



營運亮點

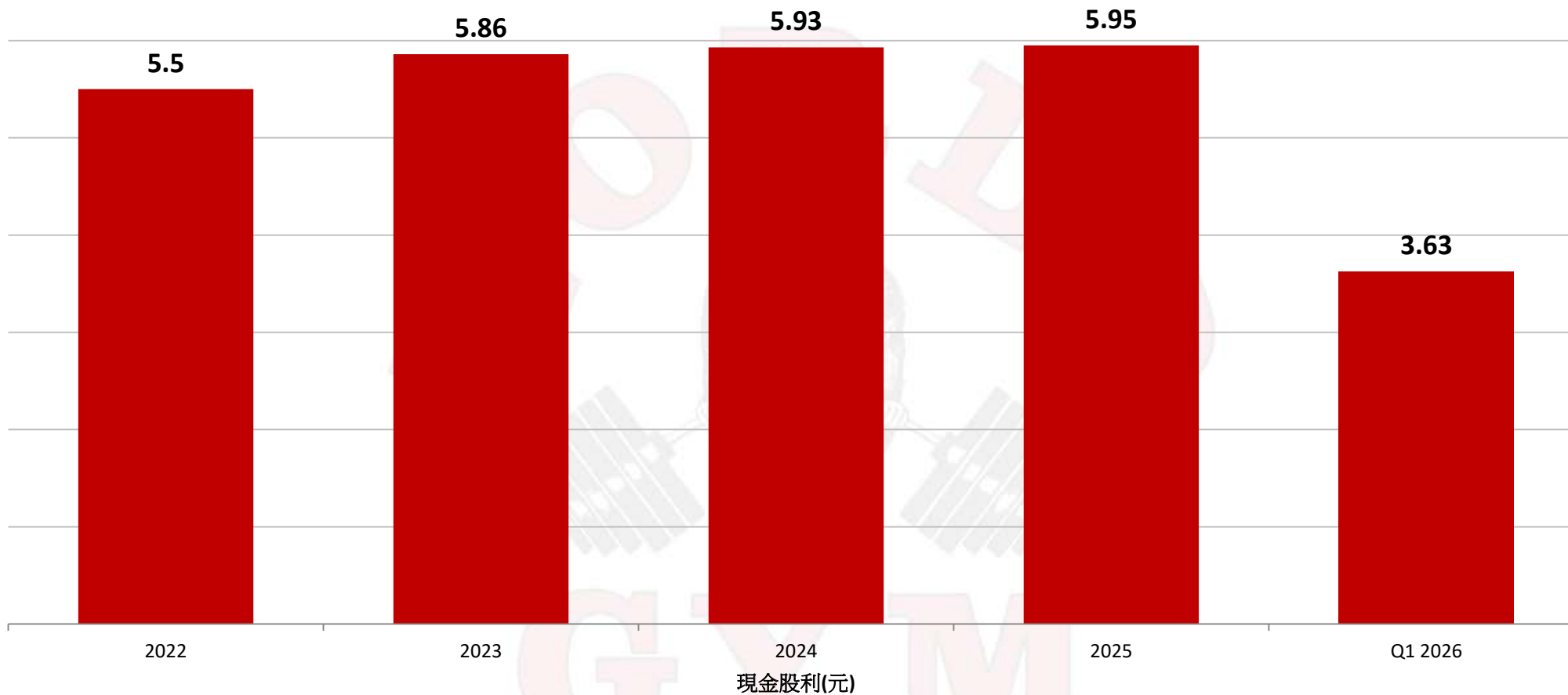


EPS 持續性增長





高現金配息的股利政策





WORLD GYM – 全球化策略



288
Clubs

Taiwan ¹	Australia	USA	Canada	Egypt	Germany
138	63	16	24	4	1
Brazil	Mexico	Grand Cayman	Costa Rica	Thailand	India
28	12	1	1	In Development	In Negotiation

全球佈局成果



WGT Key Stats

Locations

138

No. of Countries

1

Members

c.507,000

Annual Growth

15-20



WGC Key Stats

Locations

288

No. of Countries

10

Members

c.900,000

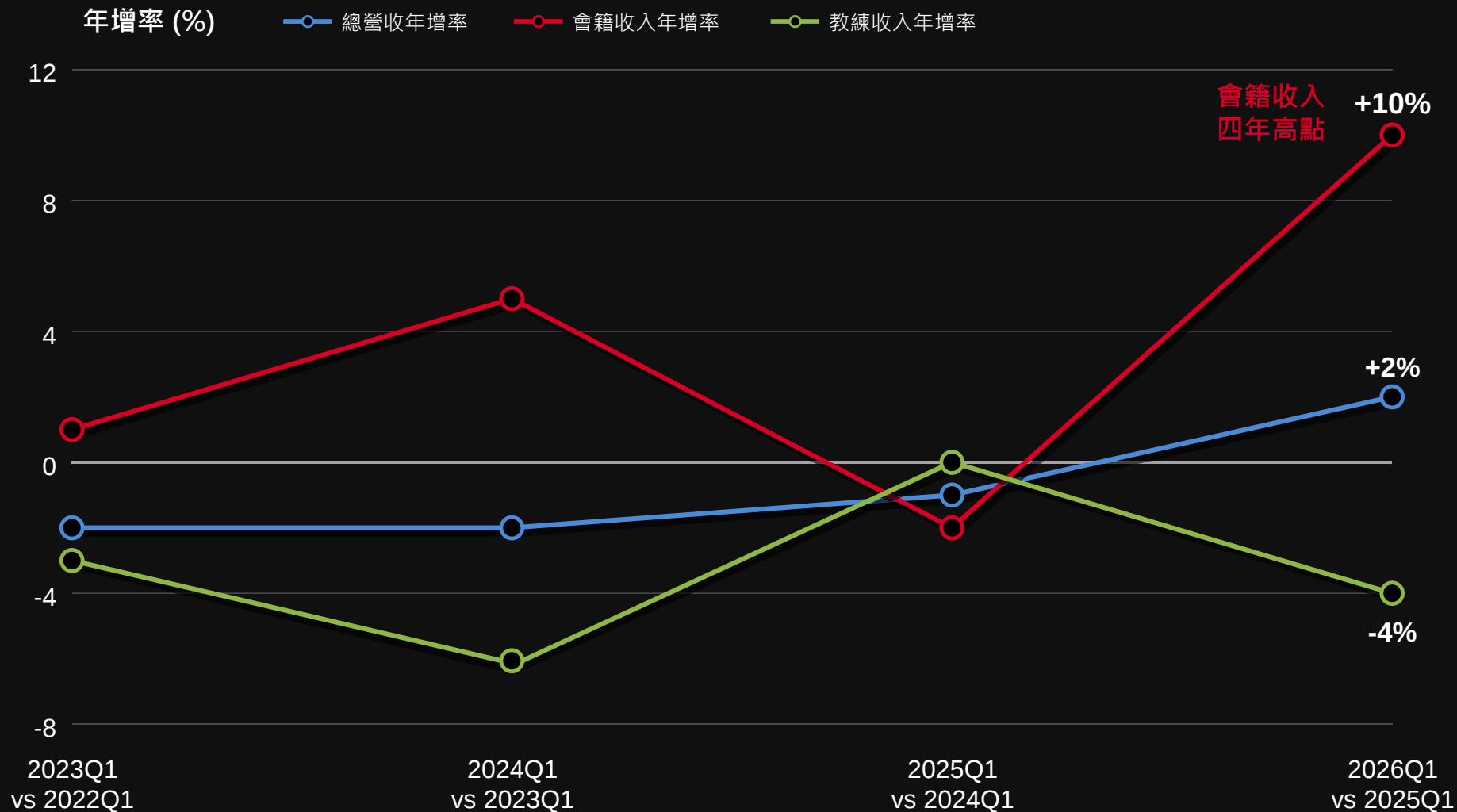
Annual Growth

30-50

Company Owned + JV: 138
Franchise: 150



Q1 同店銷售趨勢持續穩健向上（現金基礎）



2026Q1 KEY READ

+10%

會籍收入年增率

從 2025Q1 的 -2% 快速反轉，
成為本期最明顯成長動能。

總營收	+2%
會籍收入	+10%
教練收入	-4%

資料期間：2023Q1-2026Q1

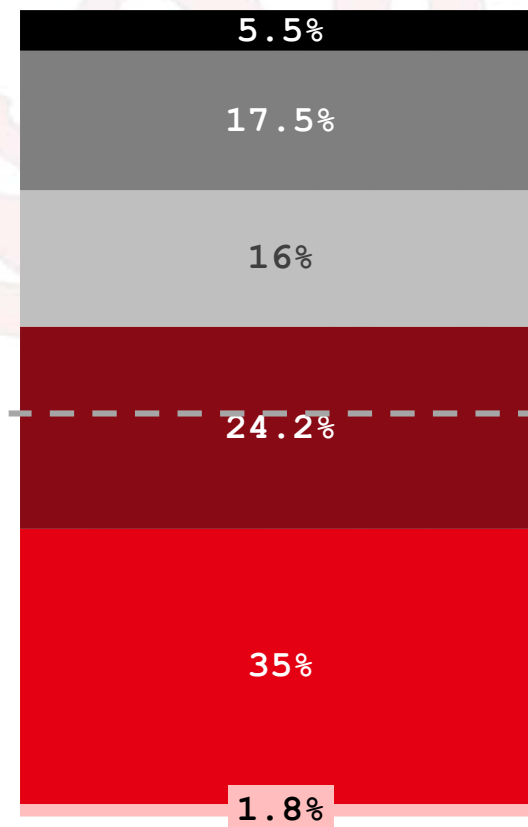


健康的會員年齡結構

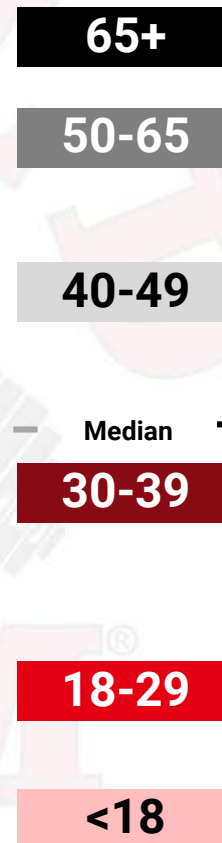


New membership base skews towards the younger demographics, whereas “in-club” active members are older with more disposable income

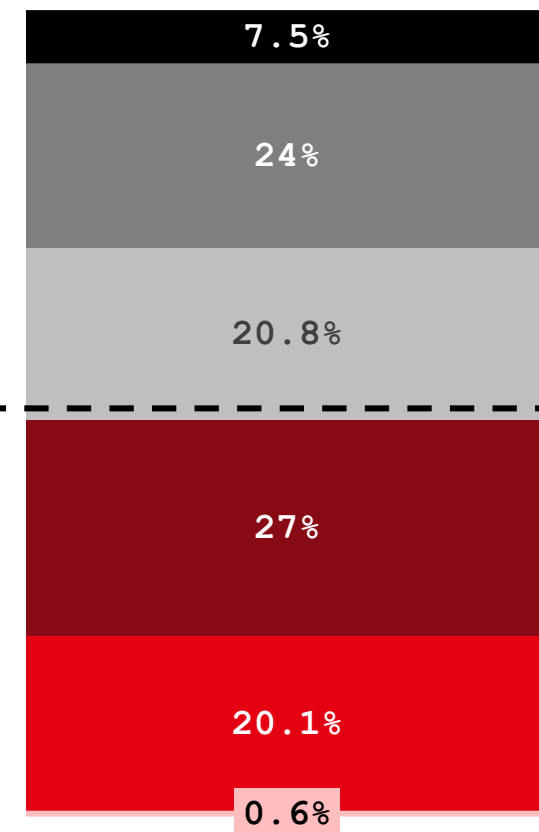
Average Monthly New Members ⁽¹⁾



Age bracket



Active Members ⁽²⁾



⁽¹⁾ Monthly average of Dec-24 to Oct-25

⁽²⁾ May-31 2026



未來展望



多元成長動能下未來營運看好

1. 皮拉提斯教練課程正式上線

2. 強化零售銷售績效

3. 長壽逆齡平台搶市

4. 與**HYROX**聯名合作





WG Taiwan 的核心競爭力



深耕健身市場25年



全台最雄厚的會員實力
50萬名會員、19萬個教練課程會員



全台最多場館據點



超過3000位正職業教練

趨近於 **100%** 的品牌知名度



WG X HYROX



WORLD GYM™ | HYROX

集結訓練內容、社群參與、賽事能量
亞太區最大健身合作夥伴



WG X HYROX



HYROX

WORLD SERIES OF FITNESS RACING



WG X HYROX

HYROX 合作亮點



1. B2B平台及
HYROX課程
舉辦HYROX聯名訓練營



2. 北中南
專屬訓練空間 (HTZ)
HYROX 官方認證



3. 賽事優先
購票資格

WORLD GYM

THANK YOU



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Q&A



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